

PART II. CURRENT CLAIMS

I CLAIM:

1. (Three times amended) A Meal Equivalent Food Bar provides
an improved Meal Replacement Food Bar as a Bar Meal,
comprising:

~~for an individual consumer comprising ingredients for
ready to eat balanced nutrition ingredients for ready to eat
balanced nutrition, and transverse dividers which divide the
bar into segments, each segment equivalent to the
corresponding course of a Conventional Meal, including
appetizer, main course, and dessert, the equivalence
approximating one or more of the food type attributes of the
course, primarily flavor, wherein:~~

~~(a) the appetizer is the first course with ingredients sweet
or savory,~~

~~(a) a segmented food bar with transverse dividers which
divide the food bar into segments corresponding to the
plural courses of a Conventional Meal including Appetizer,
Main-Course, and Dessert,~~

~~(b) each segment differs from its adjacent segments for
Contrast in size and at least one ingredient food type,
whereby:~~

~~(1) the segments approximate the contrast in sequential
courses of a Conventional Meal,~~

~~(c) each segment includes at least:~~

(1) one bar-common ingredient which is common to all segments of the Bar Meal, and

(2) one segment-specific ingredient which is specific to that segment to approximate the nutrition and contrast properties of its corresponding course in a Conventional Meal,

(d) The Appetizer segment characterized by:

(1) ingredients of quantity and food type to stimulate but not satiate appetite,

(2) position at one end of the bar as a first course,

(3) segment marking to identify as Appetizer,

f ~~(b) the main course is the second course which includes major nutrition ingredients comprising a large quantity of food with flavor savory;~~

(e) the Main-Course segment characterized by:

(1) ingredients of quantity and food type to satiate appetite,

(2) position central between the bar ends,

~~(c) the dessert is the third (and last) course with ingredients which include a small quantity of light density food, with flavor sweet,~~

(f) The Dessert segment characterized by:

(1) ingredients of quantity and food type to end the meal approximating a Conventional Meal Dessert course,

(2) position at the end of the bar opposite the Appetizer segment as a last course,

(3) segment marking as a Dessert,

(g) said segments to provide a Bar Meal approximating the courses of a Conventional Meal in

____ (1) value of Balanced Nutrition,

____ (2) effect of Appetite Control,

____ (3) effect of Contrasting sequential courses,

(h) said segmented food bar packaged as a Package Bar:

____ (1) dimensioned for convenient portage in an ordinary pocket of clothing,

____ (2) dimensioned for convenient handling and eating by one individual consumer,

____ (3) marked for Appetizer starting end,

whereby the consumer eats through the Bar Meal from Appetizer to Dessert to encounter segments in sequence which approximate a Conventional Meal in Balanced Nutrition for improved physiologic support, and which approximate the Appetite Control and Contrast in sequential courses of a Conventional Meal for pleasurable psychological support for the individual consumer.

2. (original) The food bar of claim 1, further comprising:
at least one frangible lengthwise divider which divides the bar into strips, wherein

each selectable strip is a meal-equivalent of predetermind calories, whereby

the consumer can select a meal with a known number of calories.

3. (original) The food bar of claim 1, wherein said segment dividers are frangible scored line markers.

4. (original) The food bar of claim 1, wherein said segment dividers are edible barriers.

5. (original) The food bar of claim 1, wherein said segment dividers are inedible separators.

6. (original) The food bar of claim 2, wherein the frangible lengthwise divider is a deeply scored line.

7. (original) The food bar of claim 2, wherein the frangible lengthwise divider is a weak edible binder connector.

8. (original) The food bar of claim 1 wherein each segment of the bar is a mixed aggregate of segment-appropriate ingredients.

9. (original) The food bar of claim 1 wherein the bar has a core of bar-common ingredients, and each segment has outer layers of segment-appropriate ingredients.

10. (original) The food bar of claim 1, wherein each segment has a core of segment-appropriate ingredients, and each segment has outer layers of common-bar ingredients.

11. (original) The food bar of claim 1, wherein each segment has a core of a first set of segment-appropriate ingredients, and outer layers of further sets of segment-appropriate ingredients.

12. (cancelled) A plural segment Snack Food Bar comprising segments with nutrients and packaged as a bar for individual portage and eating, wherein:

(a) one end segment of the bar includes ingredients which stimulate appetite, in an amount sufficient to stimulate appetite, and

(b) the other end segment includes appetite suppressants in an amount sufficient to suppress appetite, and

(c) the bar is marked to indicate ingredients such that a consumer eats through the bar to first encounter appetite stimulants and nutrients, and last to encounter appetite suppressants.

13. (cancelled)

14. (Cancelled)

15. (Cancelled)

16. (New) The food bar of Claim 1, wherein:

(d) the Appetizer ingredients further include one or more appetite stimulants in an amount sufficient to stimulate appetite; and

11 (e) the Dessert ingredients further include one or more appetite suppressants in an amount sufficient to suppress appetite.
